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Second Skin: Choosing And Caring For Textiles And Clothing



Synopsis

A beautiful, heartfelt, and practical resource full of information and inspiration on selecting, acquiring, wearing, caring for, making, and repurposing textiles and clothing. Almost from the moment of our birth, clothing acts as our second skin, yet we rarely consider where our clothes have come from and the effects they might have on the environment and ourselves. This beautifully photographed and illustrated book is about easily achievable ways to care for the planet by living simpler lives and using fewer resources, specifically those to do with cloth and clothing. It discusses the role of cloth in how consumption affects the ecology; looks at what textiles are made from and examines their properties, with an emphasis on those derived from natural sources; and talks about how to make informed choices regarding clothing—including deciding how much clothing one really needs. It also covers how to mend and maintain clothing, repurpose fashion, dyeing, and when all else fails, instructions for patching, piecing, felting, and twining. One "gallery" chapter is dedicated to clothing designers and artists who have made a practice of working with salvaged materials, including Natalie Chanin (Alabama), Jude Hill (Long Island), Christine Mauersberger (Cleveland), and Dorothy Caldwell (Hastings, Ontario).

Book Information

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Customer Reviews

Like her previous book *Eco Colour*, *Second Skin* is a beautifully constructed piece of art. With a focus on fashion and clothing and the premise of 'mend and make do' Flint sets about recycling and reusing clothing using many of the techniques described in *eco colour*. There is also a section on

textile artists who use recycled cloth as art. I am only a fraction into this book, but from the moment I saw it I had to have it and I intend to devour it page by page.

It is an extremely thought provoking book. I chewed it up the first time I read it. I am now rereading at a much slower pace. It was recommended to me by title and author. I jumped into it without a real sense of what the book was about. This book offers a way with textiles that is not mainstream. I would love to live as this woman does, but it would never work for me. However, I have adopted some of her practices and have invented some of my own. I have stopped purchasing throw-away clothes and am thinking more about what I wear and down sizing my wardrobe and creating to wear for a lifetime.

It's so sad this book is out-of-print..write to Murphy Publishing if you would like to see a second printing. It took a long time to get this book in California last year. It is an amazing book on fabric, care, treatments, dyeing with plant dyes and much more. Beautiful pictures and valuable information for all fabric artists and home dyers and seamstresses.

India Flint is a leader in her field. Her beautiful fabrics are on beyond the words 'sustainable' and 'eco' that seem so shallow today. The dying and caring and choice are discussed in this amazing book. Excellent photographs!

Excellent review of cultural practices of how we look at textiles. The book provides a new way to upcycle and make designer one of a kind items from your favorite clothing. Global mending technique practices are provided for those who wish to treasure and reinvent a garment. This book is a valuable asset to your textile library collection. The book's subject matter is unique unto itself. The author showcases many well respected individuals in the field of bringing back textile handwork as designer level fabrication, sustaining lost techniques, and as an art form. Fabulous details and photos.

Discovered India Flint only this year. Her innovative design and environment preservation ideas, along with her respect for living textile history are well worth the read for anyone interested in textiles reinvention, upcycling, natural dyeing techniques, and more. I am finding this book to be refreshing and inspiring.... A real keeper for people who have a love for textile. Excellent addition to ones library.

The book was fun, colorful and full of good knowledge. I have made a gardener's apron with some Boro stitching on it. And plan several more garments with pattern made with pure instinct in India Flint style.

Great book to learn eco print. Interesting ideas. India Flint sets about recycling and reusing clothing using many of the techniques described in eco colour. Fast shipping. Good customer service.

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